

– TEACHING POINTS –



*"You have been chosen to know me, believe in me, and understand that I alone am God." Isaiah 43:10b (NLT)*

*Trust in the LORD with all your heart and lean not on your own understanding. Proverbs 3:5 (NIV)*

*You will keep in perfect peace him whose mind is steadfast, because he trusts in you. Trust in the LORD forever, for the LORD, the LORD, is the Rock eternal. Isaiah 26:3–4 (NIV)*

*And so we know and rely on the love God has for us. 1 John 4:16a (NIV)*

*"Trust in God; trust also in me." John 14:1b (NIV)*

*"...the one who trusts in him will never be put to shame." Romans 9:33b (NIV)*

*When I am afraid, I will trust in you. Psalm 56:3 (NIV)*

Series: Live Rich  
Message: Trust  
Date: November 8 & 9, 2008  
Speaker: Steve Harling

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### Matthew 6:25–34

Worry is "fear that has unpacked its bags and signed a long-term lease"

It's worthless to worry when you've got a loving Father looking out for you.

#### Worry

- Rips the joy out of your life
- Causes you to "catastrophize"
- Feeds on itself till you never "feel safe"
- Leads to a victim mentality
- Makes you live your life as if your heavenly Father were emotionally distant or semi-competent

#### Trust

- Emboldens you to embrace the challenge of hard times
- Keeps you committed to your values when tempted to compromise or quit
- Empowers you to see a loving God behind your pain
- Keeps you joyful and positive
- Is contagious

#### So how do you grow in trust?

- Get acquainted with God
- Feed your mind with faith-building Scriptures
- Keep taking small steps of faith
- Find a "faith mentor"

– GET CONNECTED –

#### New to Foothills?

Take a moment to chat with a welcome team member in the lobby before you leave today. They want to talk to you, answer your questions, and give you an idea of what our church is all about.

#### Got kids?

Children ages six weeks through high school are invited to participate in age-appropriate available ministries during all Sunday services. Get directions or details at the information center in the lobby.

#### Feeling lost in the crowd?

Small groups typically meet in homes during the week and offer a place to connect, learn, and grow. Find a group online or contact Susie June at the church office.

**Foothills Community Church** | [www.foothillsonline.org](http://www.foothillsonline.org)  
8270 W 80th Ave, Unit 2 | Arvada, CO 80005  
303-420-2777 | fax 303-420-3995  
**Office:** Mon–Thu, 8:30am–4:30pm  
**Services:** Saturdays, 6:00pm, Sundays 9:00am, Sundays 10:30am